

# About AdhereHealth

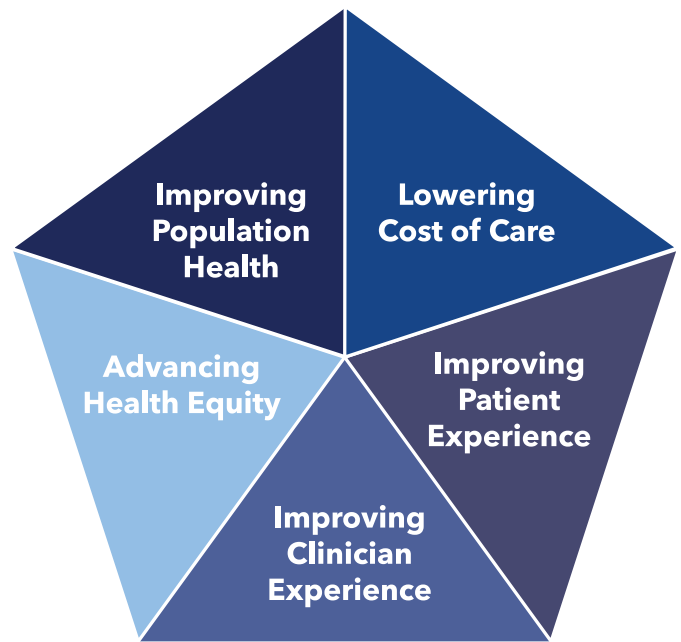


## Unique, advanced technology to achieve the Quintuple Aim of Healthcare<sup>1</sup>

Medication nonadherence is a challenging and costly issue in healthcare. With healthcare costs accounting for 20% of the U.S. economy, over half a trillion dollars in medical cost waste is attributed to the nonadherence<sup>2</sup> of patients with their prescribed medications.

**AdhereHealth™ addresses the challenge of medication adherence.**

The Adhere Platform™ delivers an industry-first, end-to-end Patient Relationship Management (PRM) SaaS solution that aligns medical, pharmacy, SDOH and other sources of data in unique ways. We drive highly refined member targeting and facilitate connection between patients and providers in a more focused and longitudinal way. AdhereHealth clients can leverage our nationwide team of clinicians in a tech-enabled services model, or license the platform as SaaS for use with their own clinician network.



The Quintuple Aim of Healthcare

In either model, AdhereHealth’s proprietary SDOH-focused capabilities address areas of nonadherence and gaps in care to positively impact adherence rates, health outcomes and patient experience. Our unique, holistic approach enables long-term improvements in health equity, patient satisfaction and MLR through reduced medical and pharmacy expenses.

## With the Adhere Platform, our clients gain the following:



### Value-Based Care Reimbursement

Improved Stars, P4P and QRS programs

- Adherence / HEDIS Measures
- CAHPS / Patient Experience
- SDOH Barrier Resolution
- Readmission Reduction
- Performance Analytics



### Value-Based Cost Reduction

Medication Optimization for Improved MLR

- Medical Cost Savings
- Pharmacy Cost Savings
- Readmission Avoidance
- Medication Reconciliation
- Performance Analytics

## How does it work?

The Adhere Platform leverages unique patient relationship management (PRM) technology featuring holistic patient profiles that enable clinicians to best engage patients and providers.

It also provides comprehensive performance management for continuous effectiveness.



### TARGET

- Daily targeting of at-risk members through data ingestion
- "Next best actions" guide clinician engagement to resolve SDOH barriers and medication adherence gaps

### ENGAGE



- Nationwide team of telepharmacy clinicians (nurses, pharmacists and pharmacy technicians) engage with members and providers
- SDOH and patient experience issues resolved in real-time via clinician intervention to drive longitudinal adherence



### IMPACT

- Claims-based evidence enables verifiable value-based outcomes
- Clients realize improved adherence, health outcomes and patient experience
- Online Management Dashboards deliver real-time visibility to all key program metrics and results

## Who We Serve



Managed Care Organizations



Self-Insured Employers



At-Risk Providers and ACOs

The Adhere Platform provides a technology-enabled, end-to-end medication adherence solution that supports our clients in achieving the Quintuple Aim of Healthcare.

**Want to learn more?** Request a consultation today and discover how AdhereHealth can help your health plan improve medication adherence, health outcomes and cost savings.

#### References:

1. Nundy, Shantanu; Cooper, Lisa; Mate, Kedar. Journal of the American Medical Association. The Quintuple Aim for Healthcare Improvement. 2022; 327(6):521-522.
2. The Annals of Pharmacology. Cost of Prescription Drug-Related Morbidity and Mortality. September 2018; 52(9): 829-837.



AdhereHealth  
Uniquely impacts  
over **80%** of overall  
Star Ratings weighting