AdhereHealth™
ADHERENCE RESOLVED

Medication Optimization for Self-Insured Employers

Improve Care Outcomes While Reducing Medical and Pharmacy Costs

Pharmaceutical and medical claims expense are rising faster than all other aspects of health care delivery. Current PBM solutions don't fully address these challenges, potentially leaving millions of dollars in avoidable medical expense on the table.

Self-insured employers need to reduce burgeoning medical and pharmacy costs, as well as rising premiums while improving health outcomes for employees.

A consequential portion of members have open drug therapy problems (DTPs), leading to acute medical events that drive costly medical claims.

Significant opportunities exist to reduce pharmacy costs through proactive DTP identification and switching to lower cost drug substitutions.

AdhereHealth's *Medication Optimization* solution identifies and resolves medical and pharmacy cost gaps, significantly reducing the costs of both over and above the PBM.

Offering Benefits

Proven Solution

The Adhere Platform™ benefits employers with a **minimum 4:1 ROI** in both medical and pharmacy cost savings

Better Health, Reduced Costs

Identifies and **resolves medication gaps** to reduce medical claims expense

Targeted Outreach

Provider-centric engagement improves outcomes and avoids employee member abrasion

Drug Cost Savings

Optimizes available formulary drug substitutions to **lower costs** to the member and the employer

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Self-insured employers can significantly reduce in-year pharmacy and medical costs.

Typical Cost Savings in Commercial Populations*

35-50% — **Have at least one Drug Therapy Problem (DTP) or Formulary Cost Reduction Opportunity**

30-45% — **Average number of gaps Resolved**
Multichannel practice engagement + clincian-to-clinician follow-up

$1,390 — **Average annual pharmacy savings per gap closed**
Immediate and ongoing cost savings per formulary gap closed

$2,260 — **Average annual medical savings per resolved DTP**
Near-term MLR reduction from avoidable acute medical events

*Averages based on prior performance; individual performance may vary.

DTPs Include:

1) Inconsistent or lacking pharmacy fill
2) Medical diagnosis without correlating pharmacy fill
3) Contraindicated medications
4) Formulary cost reduction opportunity

Resolution of DTPs reduces MLR through avoidance of acute medical incidents and from pharmacy cost reductions.

$167
Average PMPY plan savings

About AdhereHealth™

AdhereHealth™ is a technology solutions leader supporting health plans, self-insured employers and other risk-bearing entities for medication adherence insights and healthcare outcomes. Our innovative focus on medication adherence enables a unique pathway to achieve outcomes for population health. Adhere Platform touches nearly **30 million** patients through its disruptive technologies, engagement services and home-delivered pharmacy. AdhereHealth™ addresses the challenge of half a trillion dollars of annual unnecessary medical costs due to medication adherence issues, representing **16%** of the United States healthcare spend. Headquartered in the Nashville suburb of Franklin, Tennessee, AdhereHealth™ has been in business for more than a decade. We employ hundreds of dedicated professionals across the nation who are focused on the mission of providing solutions that improve patient adherence.