



**AdhereHealth™**  
ADHERENCE RESOLVED

## Medication Optimization for Self-Insured Employers

### Improve Care Outcomes While Reducing Medical and Pharmacy Costs

Pharmaceutical and medical claims expense are rising faster than all other aspects of health care delivery. Current PBM solutions don't fully address these challenges, potentially leaving millions of dollars in avoidable medical expense on the table.



Self-insured employers need to reduce burgeoning medical and pharmacy costs, as well as rising premiums while improving health outcomes for employees.



A consequential portion of members have open drug therapy problems (DTPs), leading to acute medical events that drive costly medical claims.



Significant opportunities exist to reduce pharmacy costs through proactive DTP identification and switching to lower cost drug substitutions.

**AdhereHealth's *Medication Optimization* solution identifies and resolves medical and pharmacy cost gaps, significantly reducing the costs of both over and above the PBM.**

### Offering Benefits

#### Proven Solution



The Adhere Platform™ benefits employers with a **minimum 4:1 ROI** in both medical and pharmacy cost savings

#### Better Health, Reduced Costs



Identifies and **resolves medication gaps** to reduce medical claims expense

#### Targeted Outreach



**Provider-centric engagement** improves outcomes and avoids employee member abrasion

#### Drug Cost Savings



Optimizes available formulary drug substitutions to **lower costs** to the member and the employer



**AdhereHealth™**  
ADHERENCE RESOLVED

**AdhereHealth.com | 615.346.0880**

© Copyright 2022 by AdhereHealth. All rights reserved.

# Self-insured employers can significantly reduce in-year pharmacy and medical costs.

## Typical Cost Savings in Commercial Populations\*



**35-50%**

Have at least one Drug Therapy Problem (DTP) or Formulary Cost Reduction Opportunity

**30-45%**

Average number of gaps Resolved  
Multichannel practice engagement + clinician-to-clinician follow-up

**\$1,390**

Average annual pharmacy savings per gap closed  
Immediate and ongoing cost savings per formulary gap closed

**\$2,260**

Average annual medical savings per resolved DTP  
Near-term MLR reduction from avoidable acute medical events

### DTPs Include:

- 1) Inconsistent or lacking pharmacy fill
- 2) Medical diagnosis without correlating pharmacy fill
- 3) Contraindicated medications
- 4) Formulary cost reduction opportunity

Resolution of DTPs reduces MLR through avoidance of acute medical incidents and from pharmacy cost reductions.

\*Averages based on prior performance; individual performance may vary.



**\$167**  
Average PMPY plan savings



## About AdhereHealth™

AdhereHealth™ is a technology solutions leader in medication adherence insights and healthcare outcomes. The Adhere Platform™ touches 30 million patients through its disruptive technologies, telepharmacy services and digital pharmacy. Our dedicated team is focused on our mission to address the challenge of half a trillion dollars of annual unnecessary medical costs due to medication adherence issues, representing 16% of U.S. healthcare spend.



AdhereHealth™  
ADHERENCE RESOLVED

| [AdhereHealth.com](https://AdhereHealth.com)