

# Comprehensive Medication Management (CMM)



## Drive Positive Health Outcomes and Medical Cost Savings

AdhereHealth CMM helps commercial plans, accountable care organizations (ACOs) and risk-based provider entities maximize drug therapy problem (DTP) identification and resolution for medical loss ratio improvement. Our CMM offering is available as a software-as-a-service (SaaS) model, or as a technology-enabled service utilizing AdhereHealth's nationwide clinical network. By aligning pharmacy and medical claims, CMM empowers pharmacist outreach to surface and review all medications (prescription and nonprescription) in a holistic patient profile—driving resolution of previously uncovered pharmacy gaps for quantifiable medical cost savings.

By proactively engaging with patients and providers to manage adherence and pharmacy needs, AdhereHealth can provide a significant return on investment (ROI) for commercial health plans while improving clinical quality and patient experience.

## Unrivaled Advantages



Proprietary rules engine to identify at-risk patients using near-real-time data and prioritize clinician outreach

Omnichannel program options and choice of partner-deployed clinicians for high-quality services without worry of staffing retention

Ultimate CMR effectiveness through alignment of medical and pharmacy claims for maximum DTP resolution and cost reduction

Identification of additional cost-savings opportunities for alternative specialty drugs or sites of care, or formulary-based medication swaps

Simplified clinician experience through intelligent clinical workflow and easy-to-use interface

Interactive dashboards and data visualizations to track pharmacy gap closure and medical cost reduction

## Proven Cost of Care Reduction ROI of \$200 PMPY in the first 12 months



### Tackling Growing Expenditures Through Medication Risk Management

Calculating the ROI of Care Gap Improvement for a \$2 Billion Dollar Organization

#### Problem:

 Population with high instances of asthmarelated emergency room visits and chronic conditionrelated hospitalizations

#### Solution:

- Identified care gaps associated with nearly a quarter of the patient population in one year alone
- Engaged in peer-to-peer clinician consults to resolve gaps in care
- Outreach to providers with workflow documentation for review and recommended resolution of care gaps

#### **Results:**





#### **PATIENT SUCCESS STORY: Ms. Philips**

Ms. Philips was prescribed enalapril, irbesartan, esomeprazole, metformin and five other prescriptions to manage multiple chronic conditions. Adhere Platform™ analytics identified several potentially harmful drug interactions, prompting the clinician to send DTPs to her provider for a review of her current drug therapy. The CMR helped Ms. Philips avoid adverse

effects from medication interactions and possible hospitalizations, thus reducing unnecessary costs.

## Ready to get started?

Maximized DTP gap closure drives the best possible health outcomes, to avoid future medical spending and maximize future cost savings for medical loss ratio improvement.

Contact us today to learn more about the unrivaled capabilities available with the AdhereHealth CMM solution.

