AdhereHealth™

Medication Therapy Management (MTM)

Drive Positive Health Outcomes and Medical Cost Savings

AdhereHealth Medication Therapy Management (MTM) helps Medicare Advantage plans maximize drug therapy problem (DTP) resolution while improving performance on the MTM Star Ratings measure. Our MTM offering is available as a software-as-a-service (SaaS) model for providers and retail community pharmacies, or as technology-enabled services via our nationwide clinical team. By combining data-driven technology, clinical insights and behavioral science, the solution helps plans empower the efforts of pharmacists during comprehensive medication reviews (CMRs) to surface and resolve previously uncovered pharmacy gaps for quantifiable medical cost savings and improved medication safety.

Unrivaled Advantages

- **Data analytics platform and omnichannel capabilities to improve identification of and engagement with eligible members**
- **Ultimate CMR effectiveness through alignment of medical and pharmacy claims for maximum DTP resolution and medical cost reduction**
- **Behavioral science plus clinical expertise helps uncover and resolve barriers to adherence or medication safety**
- **Choice of partner-deployed clinicians for high-quality services for staff augmentation and burst capacity**
- **Identification of additional cost-savings opportunities for alternative specialty drugs or sites of care, or formulary-based medication swaps**
- **Simplified clinician experience through intelligent clinical workflow and easy-to-use interface**

Key Benefits for Medicare Advantage Star Ratings

- Improve Star Ratings
- Improve Regulatory Compliance
- Increase Medication Adherence, Management and Safety
- Significantly Reduce Medical Claims Cost
- Pinpoint and Close HEDIS® Gaps
- Improve MLR

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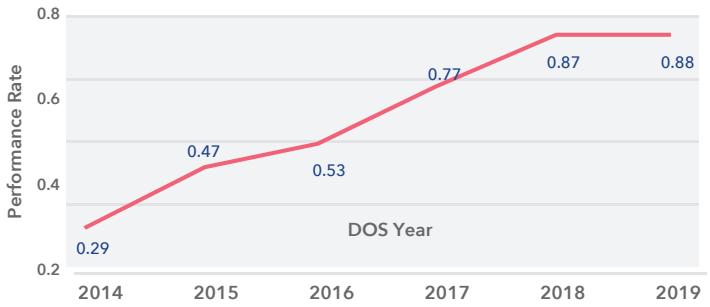
Longitudinal Success Story: Large Regional Blues Plan with 262,000 Members

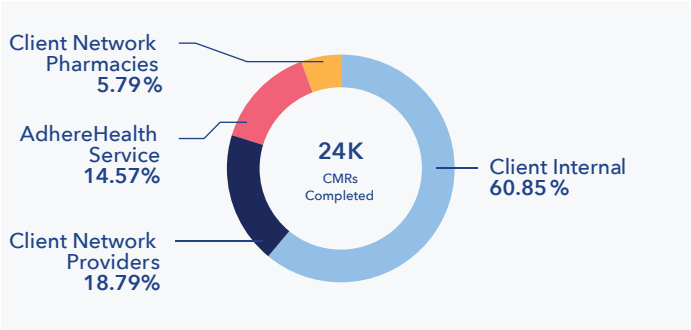
- MTM Star Measure increased from 1 to 5 over 5 years
- 59% absolute increase in CMR completions using our solution
- Our SaaS solution was deployed across the Health Plan's internal MTM team, provider network, and retail pharmacies

CMR Completion Rate Over Time

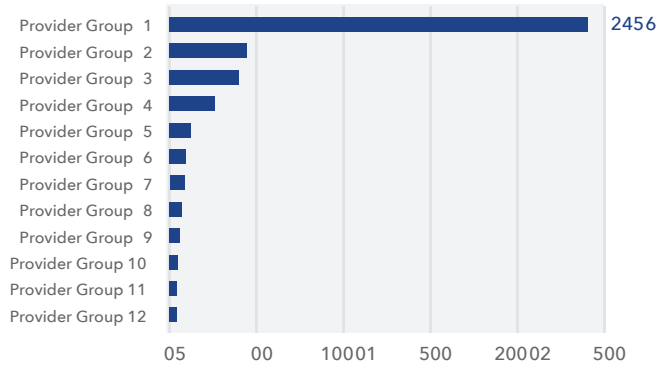


AdhereHealth Partners with Clients to Augment MTM Services as Needed

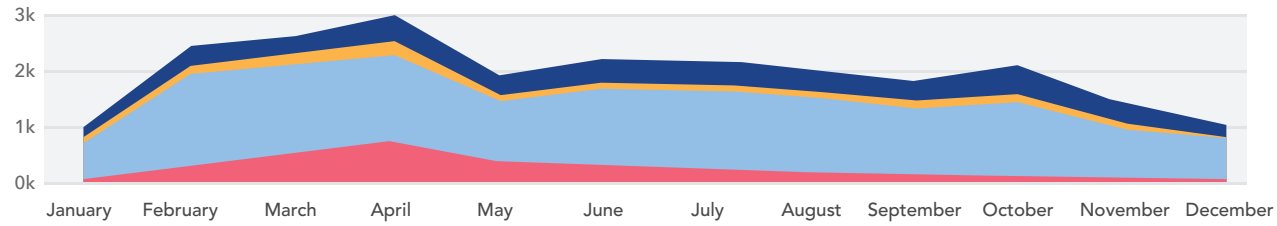
Client CMRs by Source



CMRs by Provider Group



Client CMRs By Source by Month



By empowering the health plan's internal clinical team, network pharmacies and numerous provider practices, the AdhereHealth solution maximizes consumer touch points throughout the healthcare continuum.

Ready to get started?

Maximized DTP gap closure helps MA plans support the best possible health outcomes, avoid future medical spending and maximize future cost savings. This can help fund (in whole or in part) MTM program expansion proposed by CMS.

Contact us today to learn more about the unrivaled capabilities available with the AdhereHealth MTM solution.

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