



AdhereHealth™

— OPTIMIZE™ CMM

Optimize™ Comprehensive Medication Management (CMM) Solution for Commercial and Accountable Care Organization (ACO) Value-Based Medical Cost Avoidance

Available as a software-as-a-service (SaaS) or technology-enabled service using AdhereHealth's nationwide clinical network, Optimize CMM uses predictive analytics and omni-channel patient/provider outreach to decrease avoidable medical spend through utilization and specialty pharmacy costs. Using pharmacy claims, medical claims and eligibility data sets, Optimize CMM identifies and addresses Drug Therapy Problems (DTP) that result in medical loss ratio (MLR) improvement. The solution reviews all medications in a holistic patient profile – prescription, nonprescription, alternative, traditional, supplements, vitamins, samples – with each at-risk patient to improve health, address potential issues and increase continuity of care.

By proactively engaging with patients to manage adherence and pharmacy needs, AdhereHealth can provide a significant return on investment (ROI) for commercial health plans while improving clinical quality and patient experience.

Solution Benefits for Commercial, ACO Plans and Risk-Based Provider Entities



Proactively monitors identified DTPs with **near real-time data**



Targets patients with chronic conditions and multiple medications



Robust algorithms target and prioritize high-risk patients for **Comprehensive Medication Reviews (CMR)**



Reduces unnecessary costs through Drug Utilization Reviews (DUR) and DTP resolutions



Proactive outreach to providers through Targeted Medication Reviews (TMR) and clinician-to-clinician discussion



Improves continuity of care for better health outcomes and patient satisfaction

Proven Cost of Care Reduction ROI of \$200 PMPY in the first 12 months



Tackling Growing Expenditures Through Medication Risk Management

Calculating the ROI of Care Gap Improvement for a \$2 Billion Dollar Organization

Problem:

- Population with high instances of asthma related emergency room visits and chronic condition related hospitalizations

Solution:

- Identified care gaps associated with nearly a quarter of the patient population in one year alone
- Engaged in peer-to-peer clinician consults to resolve gaps in care
- Outreach to providers with workflow documentation for review and recommended resolution of care gaps

Results:

1,200

RESOLVED CARE GAPS
IN ONE YEAR

\$2,260

SAVINGS PER RESOLVED
CARE GAP



\$227.40

SAVINGS PER CONSUMER



PATIENT SUCCESS STORY: Ms. Philips

Ms. Philips was prescribed enalapril, irbesartan, esomeprazole, metformin and five other prescriptions to manage multiple chronic conditions. Adhere Platform™ analytics identified several potentially harmful drug interactions, prompting the clinician to send DTPs to her provider for a review of her current drug therapy. The CMR helped Ms. Philips avoid adverse effects from medication interactions and possible hospitalizations, thus reducing unnecessary costs.

About AdhereHealth™

AdhereHealth™ is a technology solutions leader in medication adherence insights and healthcare outcomes. The Adhere Platform™ touches 30 million patients through its disruptive technologies, telepharmacy services and digital pharmacy. Our dedicated team is focused on our mission to address the challenge of half a trillion dollars of annual unnecessary medical costs due to medication adherence issues, representing 16% of U.S. healthcare spend.