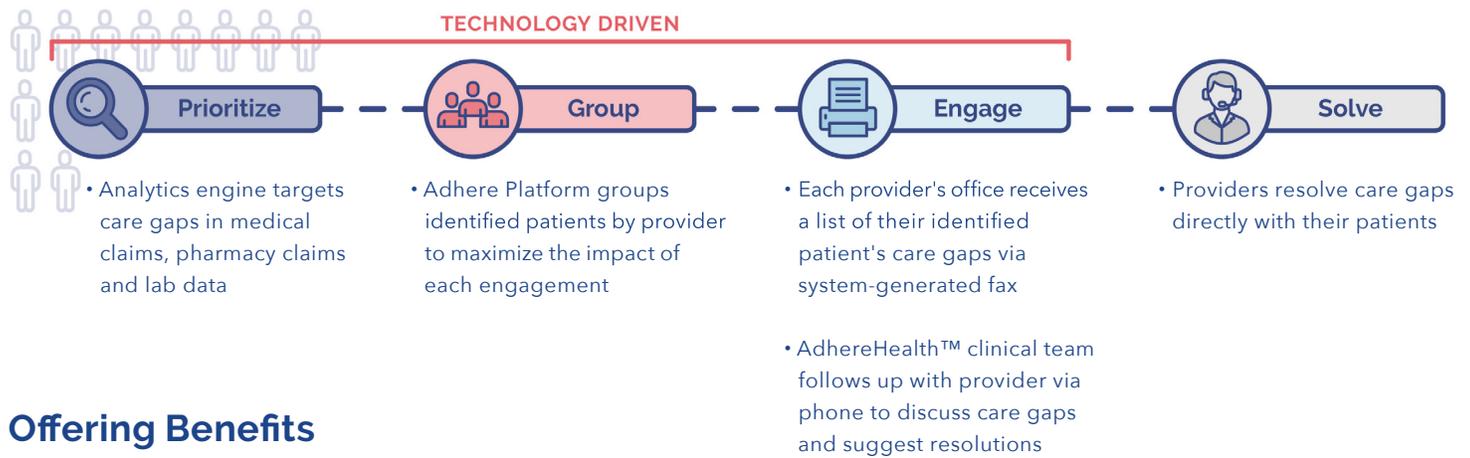


## Reduce Spending for Self-Insured Employers

### Drive Value-Based Care Outcomes Through Medication Adherence-Focused Engagement Strategies

Optimize™ is a proactive intelligent clinical workflow that enables employers to guide highly specific patient interventions and provider engagement. Using dozens of data sources, the offering helps reduce unnecessary medical costs related to drug therapy problems (DTP). This offering is powered by Adhere Platform™ analytics that integrate real-time input with national benchmark data and our analytics-guided clinical decision support software. This advanced data-driven solution has more than a decade of quantifiable outcomes bolstered by fully guaranteed program performance.



### Offering Benefits



**Return on Investment (ROI)**  
Optimize™ saves millions of dollars for employers with a **4:1 ROI**



**Better Health**  
Identifies and resolves medication adherence gaps



**Targeted Outreach**  
**100%** provider-centric outreach programs available



**Personalized Outreach**  
**1 in 6** patients have existing drug therapy problems

# Medication Optimization Case Study Example

The Adhere Platform drove **1,678 Drug Therapy Problem (DTP) resolutions** that netted **\$3.71M** in year-over-year total claims expense reductions and a **5:1 ROI**.

## Problem

- 10k member population with high instances of asthma-related emergency room visits and complications associated with diabetes and cardiac issues
- Prevalence of avoidable events due to suboptimal medication utilization patterns

## Solution

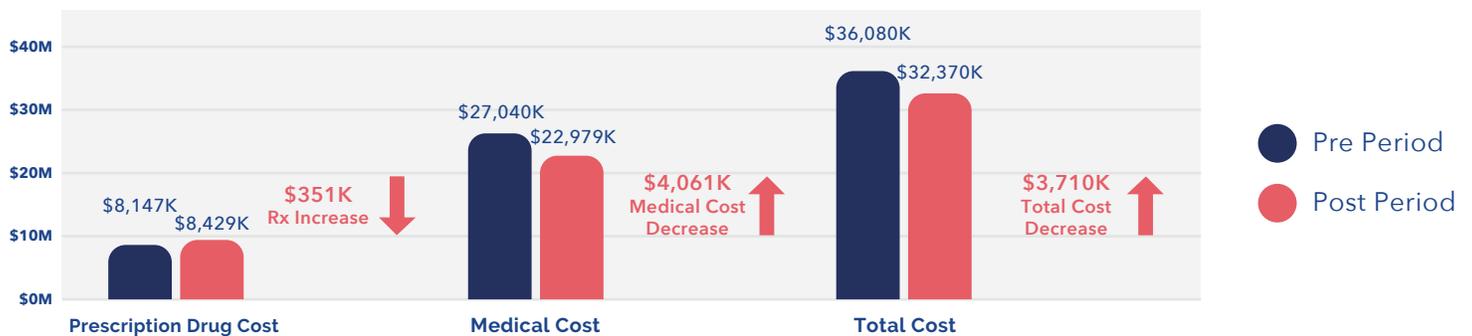
- Identified DTP's for high-risk members
- Systematic provider outreach workflow via fax and peer-to-peer clinician consults to address DTP's

## Evaluation

- Program evaluation of successful interventions in population by separating each DTP into condition cohorts

## Impact

- Overall population experienced a \$3.7M net decrease in year-over-year claims expense



## About AdhereHealth™

AdhereHealth™ is a technology solutions leader supporting health plans, self-insured employers and other risk-bearing entities for medication adherence insights and healthcare outcomes. Our innovative focus on medication adherence enables a unique pathway to achieve outcomes for population health. Adhere Platform touches nearly **30 million** patients through its disruptive technologies, engagement services and home-delivered pharmacy. AdhereHealth™ addresses the challenge of half a trillion dollars of annual unnecessary medical costs due to medication adherence issues, representing **16%** of the United States healthcare spend. Headquartered in the Nashville suburb of Franklin, Tennessee, AdhereHealth™ has been in business for more than a decade. We employ hundreds of dedicated professionals across the nation who are focused on the mission of providing solutions that improve patient adherence.