

Medication Optimization for Self-Insured Employers

Drive positive health outcomes while reducing medical and pharmacy costs.

Pharmaceutical and medical claims expenses are rising faster than all other aspects of healthcare delivery. Current PBM solutions don't fully address these challenges, potentially leaving millions of dollars in avoidable medical expenses on the table.



Self-insured employers need to reduce burgeoning medical and pharmacy costs, as well as rising premiums while improving health outcomes for employees.



A consequential portion of members have open drug therapy problems (DTPs), leading to acute medical events that drive costly medical claims.



Significant opportunities exist to reduce pharmacy costs through proactive DTP identification and switching to lower cost drug substitutions.

AdhereHealth's medication optimization solution helps self-insured employer groups maximize identification and resolution of drug therapy problems (DTPs) for medical loss ratio improvement over and above the PBM. By aligning pharmacy and medical claims, medication optimization surfaces medication and treatment gaps that empower pharmacist outreach to review all medications in a holistic patient profile.

Unrivaled Advantages



Proprietary rules engine to identify at-risk patients using near-real time data and prioritize clinician outreach



Omnichannel program options including SaaS model or choice of partner-deployed clinicians for high-quality services



Ultimate CMR effectiveness through alignment of medical and pharmacy claims for maximum DTP resolution and cost reduction



Identification of additional cost-savings opportunities for alternative specialty drugs or sites of care, or formulary-based medication swaps



Simplified clinician experience through intelligent clinical workflow and easy-to-use interface



Interactive dashboards and data visualizations to track pharmacy gap closure and medical cost reduction



Medication optimization from AdhereHealth provides **medical savings and pharmacy cost reduction for an ROI of 4:1 to 5:1**—with an at-risk guarantee of program fees.



Typical Cost Savings in Commercial Populations*

35–50%

Have at least one **drug therapy problem (DTP)** or **formulary cost reduction opportunity**

30–45%

Average number of gaps resolved

Multichannel practice engagement + clinician-to-clinician follow-up

\$1,390

Average annual pharmacy savings per gap closed

Immediate and ongoing cost savings per formulary gap closed

\$2,260

Average annual medical savings per resolved DTP

Near-term MLR reduction from avoidable acute medical events

DTPs Include:

1. Inconsistent or lacking pharmacy fill
2. Medical diagnosis without correlating pharmacy fill
3. Contraindicated medications
4. Formulary cost reduction opportunity

Resolution of DTPs reduces MLR through avoidance of acute medical incidents and from pharmacy cost reductions.

*Averages based on prior performance; individual performance may vary.



\$167 Average PMPY Plan Savings

Projected annual savings with the AdhereHealth Medication Optimization solution

Ready to get started?

Maximized DTP gap closure drives the best possible health outcomes, to avoid future medical spending and maximize future cost savings for medical loss ratio improvement.

Contact us today to learn more about the unrivaled capabilities available with the AdhereHealth Medication Optimization.